



## Remove PSHE Overview 2009 -2010

### Remove PSHE Michaelmas 2009

1	Introduction to Downe House: boarding, school ethos,
2	Introduction to Downe House: organisation, time mgmt, prep
3	Introduction to Downe House: friendships and homesickness issues
4	Introduction to PSHE: group agreement, ground rules,
5	Looking after yourself: personal hygiene
6	Looking after yourself: essential habits
7	Looking after yourself: healthy eating
8	1. Self-esteem: this is me
9	2. Self-esteem: this is me
10	(Careers preparation for work day) - now in Lent term
11	(Work day feedback and review ) - now in Lent term
12	You and your values
13	Growing and changing: puberty
14	Growing and changing: growing up and responsibility
15	Growing and changing: boyfriends, girlfriends and feelings
A	Critical thinking: no more presents!

### Remove PSHE Lent 2010

1	Looking after yourself: smoking
2	Looking after yourself: smoking <b>Computer access useful</b>
3	Looking after yourself: smoking & peer pressure
4	Looking after yourself: alcohol <b>Computer access useful</b>
5	Looking after yourself: alcohol
6	Looking after yourself: reducing risk
7	Staying safe: dealing with bullying
8	Staying safe: cyber bullying 'Incoming message'
9	Staying safe: internet safety
10	Careers - preparation for work day

### Remove PSHE Summer 2010

1	Careers - feedback from work day
2	Learning about learning: Multi-sensory learning
3	Learning about learning: Effective study habits
4	Learning about learning: Revision and exam skills
5	Disability: Willing and Able
6	Disability: Being different
7	Budgeting & Finance
8	Preparing for L4 and review of the year